# Working Together: Developing Neurodivergent and IDD Inclusive Volunteer Opportunities







A Service of the City of Plano

# Agenda

- About us & About our libraries
- Assessing volunteer opportunities and the value of partners
- Brief description of each program
- Preparation and Training
- Questions

### About Plano, Texas



Engage | Enrich | Educate

Population: 288,000

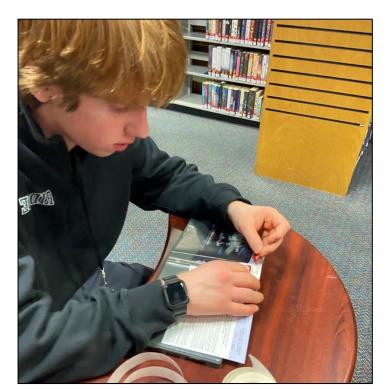
Volunteers: 750

# Community Partners:

- Plano Independent School District
- My Possibilities
- REACH of Plano
- Life Path



#### About Somerset County, New Jersey



# NEW JERSEY

#### Population:

Somerset County – 346,875 Bridgewater – 46,318

#### Bridgewater:

60-150 Teen volunteers
10-15 Teens with disabilities
3 Adults with disabilities

#### Community Partners:

Bridgewater-Raritan Regional School District



#### **Partners and Volunteers**



- Role of the volunteer coordinator
  - Addressing needs or gaps
  - When are partners needed?
  - Establishing connections
  - Reasons for volunteering









# **Program Descriptions**

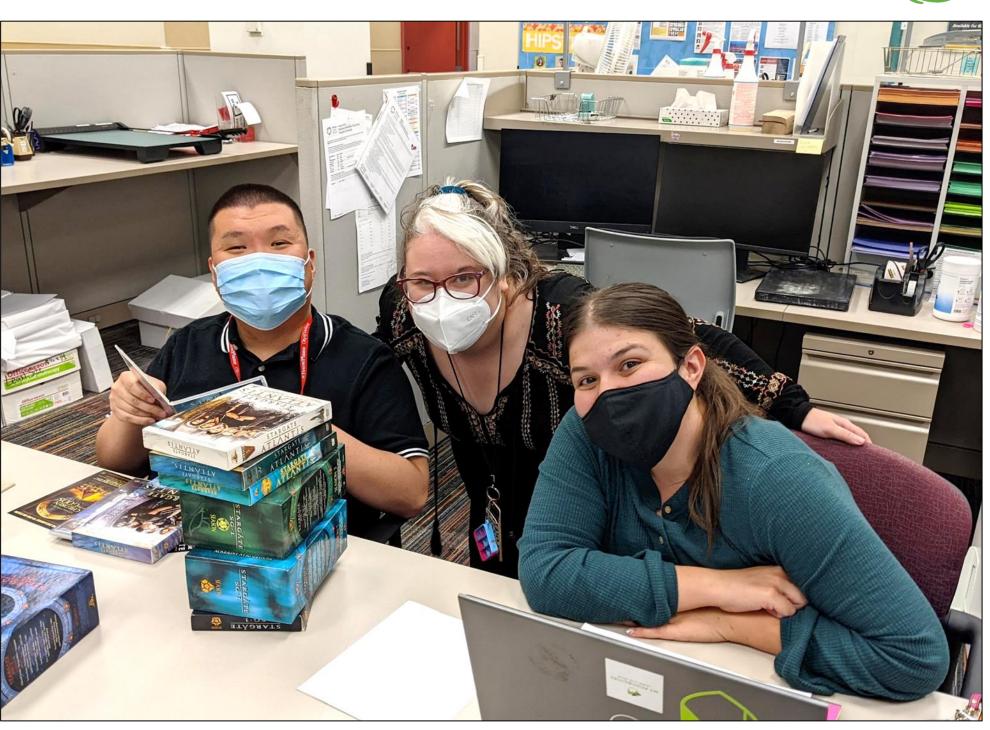




# **Preparation and Training**



- Seek stakeholder support
- Modify volunteer models
- Plan staff training
- Consider limitations



# **Preparation and Training**

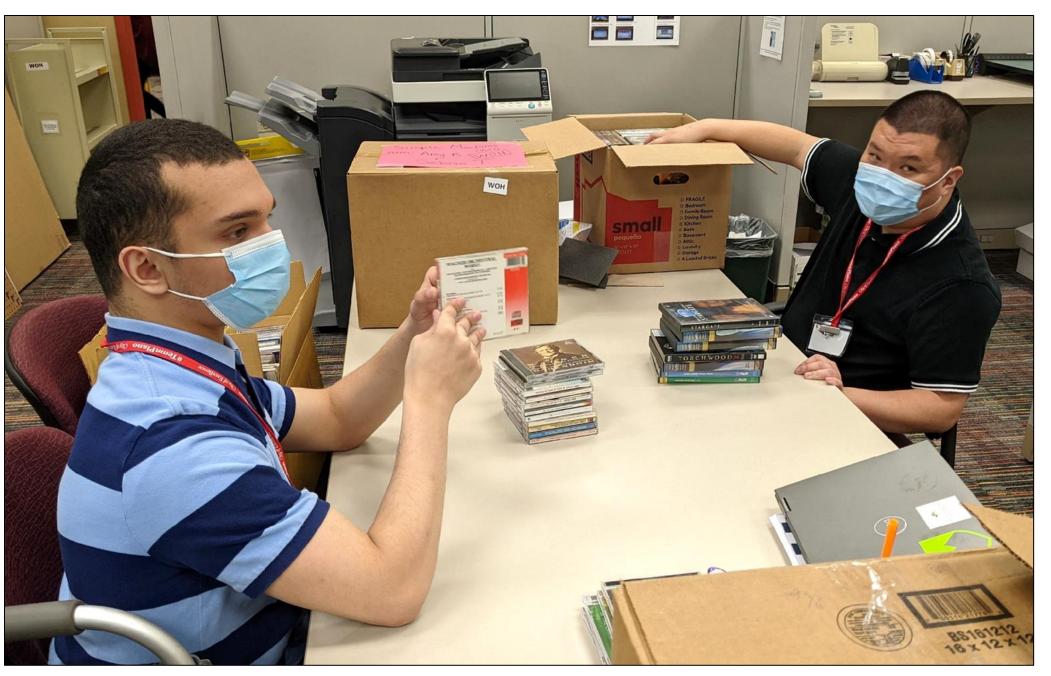


General Training Area	Work Preparation	Methods
<ul> <li>Why we work with volunteers with disabilities</li> <li>Understanding IDD</li> <li>Effective communications</li> <li>About stimming</li> <li>De-escalation skills</li> <li>Needs assessment</li> </ul>	<ul> <li>Simple and repetitive tasks</li> <li>Quiet area to work</li> <li>Flexibility</li> <li>Characteristics of participants</li> <li>Delivering supervision &amp; feedback</li> </ul>	<ul> <li>Department Staff Training</li> <li>One on one training from the supervisor</li> <li>Personnel observation</li> <li>Required training on Niche Academy and webinars</li> <li>SCLSNJ Staff Training</li> <li>In-house presentations</li> <li>Volunteer Coordinators Group &amp; Special Populations Committee meetings</li> <li>Guest speakers</li> <li>Recommend webinars</li> </ul>

# Volunteer Work Program



- Beginning assessment
- Curriculum and collaboration
- Coaching and adaptation
- Personal connection



# STAR (Supported Teens Alternate Route)



Targeted Populations	Procedure	Tasks	Benefits	Limitations
Teens and young adults who are in a high school's post-graduate program	<ul> <li>Application</li> <li>Interview (Assessment)</li> <li>Assigning Tasks</li> <li>Volunteering</li> <li>Evaluation</li> <li>Re-assigning Tasks</li> <li>Certificate of Recognition</li> </ul>	<ul> <li>Shelving Media</li> <li>Cleaning &amp; Dusting</li> <li>Assembling takehome craft bags</li> <li>Shredding</li> <li>Die-cutting shapes</li> <li>Shelf reading</li> <li>Sorting</li> </ul>	<ul> <li>Improve interpersonal skills and confidence</li> <li>Prepare for a more typical teen volunteer program</li> <li>Feel the satisfaction of knowing they are "needed"</li> <li>Experience a real workplace</li> <li>Create a more inclusive community</li> </ul>	<ul> <li>All volunteers prefer to come in at 4 pm (or later) or on weekends</li> <li>Staff availability</li> <li>The number of tasks is not enough for multiple volunteers on the same day</li> </ul>

#### **Assessment and Recommendations**

- Evaluation tools
  - Volunteer exit interviews
  - Partner program review
  - Library staff self-assessment
- Identify areas to improve
- Maintenance & sustainability



#### **Assessment and Recommendations**

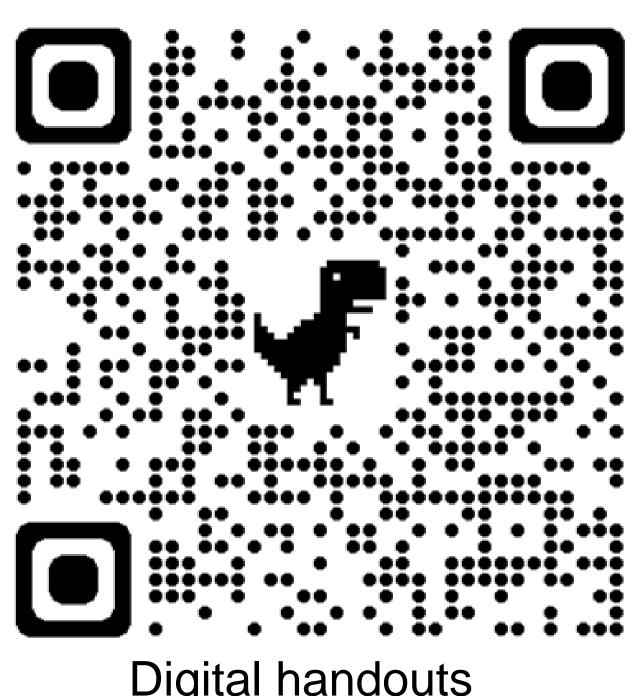


Assessment	Recommendations		
Understanding work concept	Communicate with your volunteers effectively		
Following directions	<ul> <li>Give a visual and/or verbal heads-up before changing any of their routines</li> </ul>		
Accuracy			
• Speed	<ul> <li>Allow stimming - Get familiar with volunteers' behaviors before starting</li> </ul>		
• Independence	Praise for the job well-done		
Time management	<ul> <li>Integrate volunteers into the workplace (e.g. breaks, social conversations)</li> </ul>		
	Exchange feedback with volunteers and/or caregivers frequently		
	<ul><li>Tailor the assignments</li><li>Respect your volunteers</li></ul>		

# Civic Value, Community Benefits



- Value of starting a program in your community
- Best practices for seeking partnerships
- Benefits
  - Connect volunteers to the community
  - Maximize common resources
  - Long-term impact



Digital handouts

#### Contact



#### Jungwon DeVone

Adult Services Department Supervisor

jdevone@sclibnj.org



#### Cecily Ponce de Leon

Library Manager

cecilyp@plano.gov



#### Corina Sadler, CVA

Volunteer Resources Manager • Policy & Government Relations

corinas@plano.gov

# Questions?





A Service of the City of Plano

